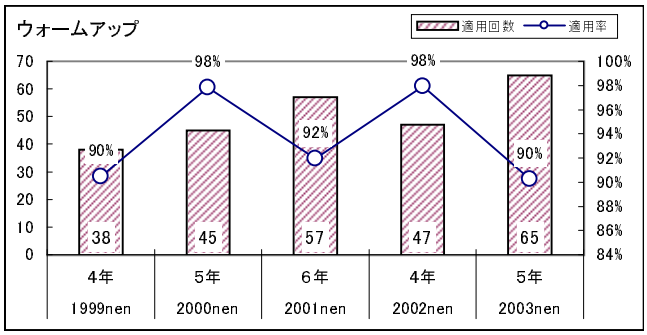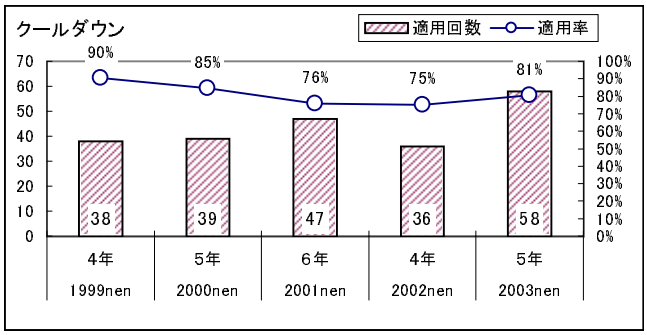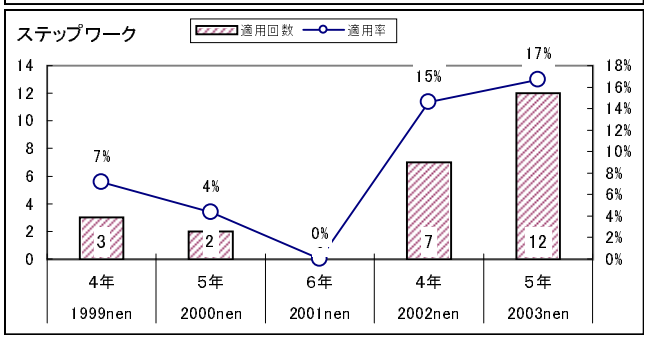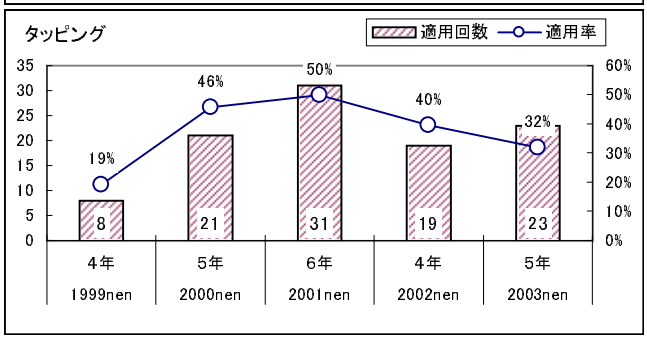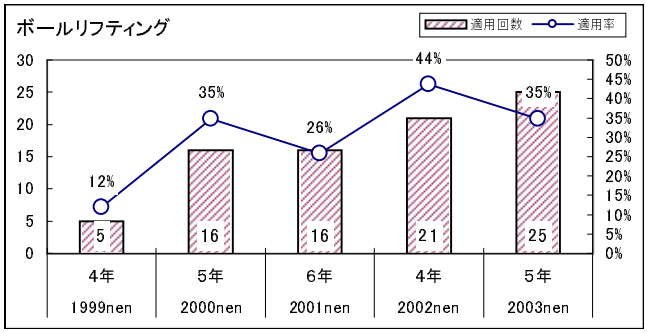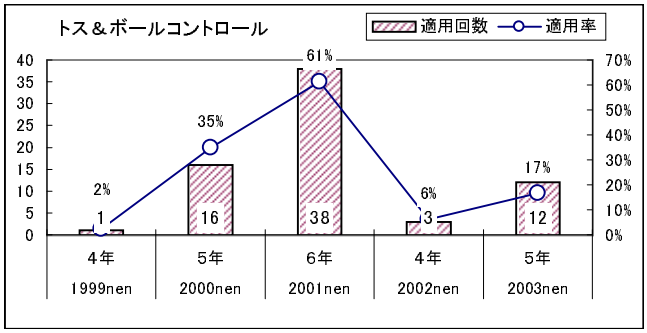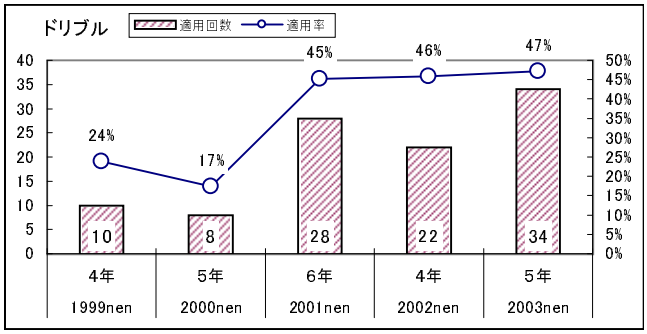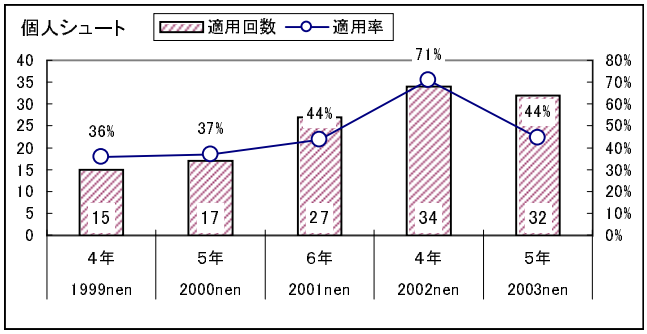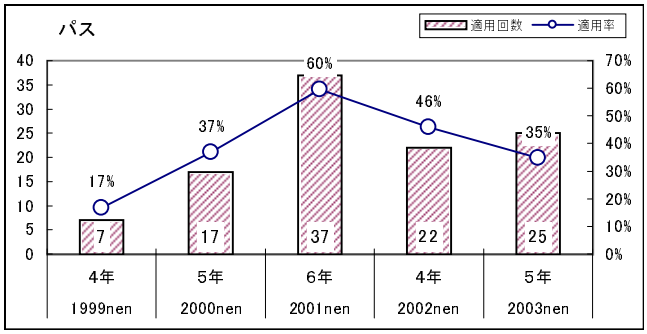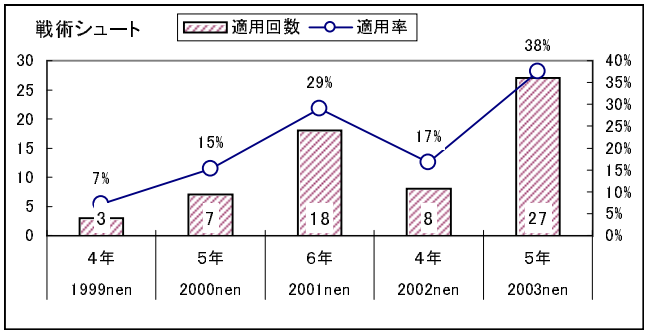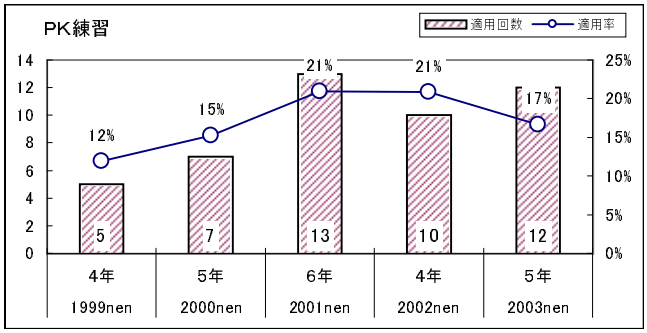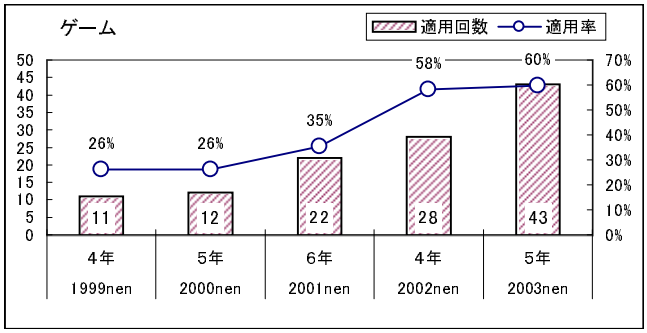平塚旭少年サッカークラブ練習メニュー推移(1999-2003)